



Take Control  
of Your Health



## Come Experience dōTERRA®

### *Natural Healing with Essential Oils*

#### Presenting:

**Mini Wellness Seminar: Introduction to Essential Oils, Followed by Make & Take**  
**(\$5 for a roller bottle or room spray)**

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**Date: Sunday November 22 at 1-3 pm**

**Location: 564 Peel Street Woodstock, ON**

- Introduction to Essential Oils
- Learn how to help your ailments naturally (including babies and kids):
  - Help Coughs, Colds, Flu, Earaches, Headaches, Migraines
  - Help Aches, Pains, Joints, Inflammation
  - Strengthen your Immune System
  - Relieve Stress, Anxiety and Lift your Mood, Assist with First Aid & Pain Relief
- Register to reserve seating by contacting: **Heather Curry at 519-608-2278 or email [hcurry73@gmail.com](mailto:hcurry73@gmail.com)**

